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# 5 Quick Ways to Improve Your English This Week

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A free mini resource from ECS Scotland – for curious learners everywhere


## 1. Do one thing in English each day

Keep it small. Watch a 2-minute video. Read a short article.

 Example: Search 'BBC Learning English' or watch a favourite YouTuber with English subtitles.

## 2. Write one sentence about your day

Don't worry about mistakes. Keep a notebook or sketch journal or use notes on your phone.

 Bonus: Use a coloured pen or draw something next to your words.


## 3. Learn and use 5 new words

Choose words you'll actually say. Not exam words.

 Tip: Our Sketchbook English downloads have themed vocabulary sets.

## 4. Speak out loud (even alone)

Say phrases, copy accents or answer imaginary questions.

 Try: "What did I do today?" "What's for dinner?" "What's that in English?"

## 5. Follow accounts that teach & inspire

Like ECS Scotland — where language meets creativity, travel and wellbeing.

 @ecsscotland on Instagram and YouTube

## Ready for more?

Try a short English course in Edinburgh, or explore more free resources from ECS Scotland