

■ Green Travel Checklist

Plan your low-carbon journey to ECS Scotland

■ Before You Go

- Book train tickets early (3 months ahead gives the best prices).
- Check passport validity and apply for the UK ETA (Electronic Travel Authorisation): <https://www.gov.uk/eta>.
- Download travel apps such as Trainline, Citymapper, or TfL Go.
- Save booking confirmations and seat reservations offline.
- Pack light – one small suitcase and backpack are easiest on trains.
- Bring reusable items: water bottle, coffee cup, cutlery, and shopping bag.
- Plan your overnight stop if travelling via London or Brussels.

■ During the Journey

- Arrive 60 minutes early for Eurostar security and check-in at Brussels or London.
- Keep passport, tickets, and ETA confirmation ready for inspection.
- Use contactless payment or an Oyster Card for quick city transport.
- Stretch and walk during long connections to stay comfortable.
- Bring a good book, music, or language podcast for the journey.
- Try regional food along the way – every stop is part of the adventure!

■■ In the UK

- Download the Edinburgh Bus & Tram App for local routes: <https://edinburghtrams.com/bus-tram-app>.
- Use contactless cards on buses and trams – no need for paper tickets.
- If staying longer, buy a Ridacard for one week of travel: <https://edinburghtrams.com/ridacard>.
- Check your accommodation route from Waverley Station before you arrive.
- Explore sustainable cafes and local markets in Edinburgh.
- Recycle and refill whenever possible – ECS Scotland supports a Green Standard School approach.

■ *Learn English sustainably. Travel well, study well, and enjoy every stop on the way.*

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